Extension and Outreach Activities

Extension and outreach activities, the hallmark of the University carried out through dedicated Rural Health Care and Development Centre, National Service Scheme, Youth Red Cross and other Community engaging departments of the constituent colleges. The outreach efforts of the University are recognized and awarded by various Government and non-governmental organizations. Events are organized to raise awareness about community health. Screening camps are organized for early identification, prevention and treatment. Observance of days of national and public health significance are also integrated into extension activities held in the community. Observance of Health-related Days and Professional Recognition Days generate awareness of the importance of health among students and the community. It brings to the fore the critical role played by health-care professionals during the COVID-19 pandemic.

Total number of programmes conducted in the university is 562 with 4616 participants and 27,139 beneficiaries.

Sl. No.	Activity	Total number of programmes organized	Total No. of Students Participated	Total No. of Beneficiaries
1.	Blood Donation Camp	52	661	3198
2.	Cancer awareness and Screening Camp	10	52	817
3.	Covid-19 Mega Vaccination Drive	2	105	500
4.	Dental Check-up and Treatment camp	258	510	2151
5.	ENT Screening Camp	1	3	48
6.	Eye Screening Camp	4	20	182
7.	Health Awareness Programme	88	1215	6479
8.	Health Checkup camp, NCD camp	105	451	9074
9.	Multi-specialty camp	2	11	491
10.	National Polio Immunization	1	3	63
11.	Patriotic	15	1103	485
12.	Pulse Polio Programme	1	1	50
13.	School Dental Screening Camp	1	9	60
14.	School health checkup camp	15	39	2851
15.	Specialty camp for endosulfan affected persons	1	3	4
16.	Swacha Bharath programme	3	430	50
17.	Telemedicine	3	0	636
	Total	562	4616	27139

National Service Scheme

National Service Scheme is aimed at developing of personality of students through community service. The NSS Unit of Yenepoya (deemed to be University) has 1600 volunteers. The activities and programmes of NSS Units aim for the overall development of students.

Sl. No.	Name of the College	Unit No.	Name of the Programme Officers	Intake number per unit	No. of students enrolled
1	Yenepoya Dental College	1	Dr. Imran Pasha M	100	100
2	Yenepoya Medical College	2	Dr. Akshay K.M	100	100
3	Yenepoya Medical College	3	Dr. Pracheth Raghuveer	100	100
4	Yenepoya Physiotherapy College	4	Mr. Khaja Mohinuddeen K.P	100	100
5	Yenepoya Nursing College	5	Mrs. Renita Priya D'Souza	100	100
6	Yenepoya Institute of Art, Science, Commerce and Management	6	Mr. Pavitra Shetty	100	100
7	Yenepoya Institute of Art, Science, Commerce and Management	7	Mr. Anooph K. M.	100	100
8	Yenepoya Pharmacy College and Research Centre	8	Mr. Mohammed Asif Iqbal. C	100	100
9	Hospital Administration	9	Mrs. Averil Rebello	100	100
10	Faculty of Allied Health Care Professions	10	Ms. Amitha Digambar Dabholkar	100	100
11	Yenepoya Ayurveda Medical College	11	Dr. Jnanesh Marathe	100	100
12	Yenepoya Homoeopathy Medical College	12	Dr. Shashikant B. K.	100	100
13	Yenepoya Institute of Allied Health Science	13	Ms. Bency Benny	100	100
14	Yenepoya Institute of Allied Health Science	14	Mr. Uvais S.P	100	100
15	Yenepoya Institute of Allied Health Science	15	Ms. Mrinal Karkera	100	100
16	Yenepoya Institute of Allied Health Science	16	Mr. Vashist Baburao Mhalsekar	100	100

A brief outline of the activities conducted during the year 2021-22 is given below.

Prg. No.	Date	Programme	Organising Unit	No. of Participants
1	21.06.2021	International Yoga Day 2021	NSS Unit of Yenepoya Ayurveda Medical College and Dept. of Swasthavritta & Yoga	24
2	06.07.2021 &	"Vanamahotsava Go-Green"	NSS Unit of Yenepoya Homeopathic Medical College	50

	07.07.2021			
3	14.08.2021	Azadi ka Amrut Mahotsava -2021 (Celebrating 75 years India's Independence)	NSS Unit of Yenepoya Ayurveda Medical College	102
4	17.08.2021	RastraGaan Singing - "Aazadi Ka Amrith Mahotsav" 75th Independence Day Celebration	NSS Unit of Yenepoya Nursing College	15
5	17.08.2021	RastraGaan Singing - "Aazadi Ka Amrith Mahotsav" 75th Independence Day Celebration	NSS Unit of Yenepoya Dental College	20
6	17.08.2021	"Azadi ka Amrit Mahotsav" 75th Independence Day celebration, Sign of freedom "Mass Singing of National Anthem"	NSS Unit of Yenepoya Medical College	50
7	23.09.2021	'Azadi Ka Amrit Mahotsav'- School Visit Awareness Program	The NSS Unit of Yenepoya Homoeopathy Medical College & Hospital	72
8	23.09.2021	Azadi Ka Amrit Mahotsav- School Visit – Awareness Program	The NSS Unit of Yenepoya Homoeopathy Medical College & Hospital	32
9	25.09.2021	'Azadi Ka Amrit Mahotsav'- School Visit Awareness Program	The NSS Unit of Yenepoya Homoeopathy Medical College & Hospital	50
10	25.09.2021 & 28.09.2021 & 30.09.2021	POSHAN MAAH September 2021	NSS Unit of Yenepoya Ayurveda Medical College and Dept. of Dravyaguna, YAMCH Yenepoya Naturopathy & Yoga Science College	149
11	18.10.2021	Shramdaan and Swachhta Pakhwad	NSS Unit of Yenepoya Institute of arts science commerce and Management	206
12	28-10-2021	Kannada Rajyostava Celebration	NSS Unit of Yenepoya Dental College and Department of Public Health Dentistry, YDC	19
13	31.10.2021	Rashtriya Ekta Diwas, (National Unity Day)	NSS units of Yenepoya Medical College, Yenepoya Deemed to be University	155
14	31.10.2021	Clean India Programme	NSS Units of Yenepoya Deemed to be University in collaboration with Ullal Panchayat and Nehru YUAA Kendra	410
15	25.11.2021	National Integration Day	NSS units of Yenepoya Medical College, Yenepoya Deemed to be University	155
16	11.12.2021	NSS Special camp - School	NSS Unit of Yenepoya Institute	157

	to 13.12.2021	painting programme	of Allied Health Science	
17	14.01.2022 to 20.01.2022	NSS Annual Camp (Special Camp)	NSS Unit of Yenepoya Institute of Arts, Science, Commerce and Management	51
18	01.01.2022 to 30.01.2022	NSS volunteer participated in State and National RD camp	NSS Unit of Yenepoya Dental College and NSS Unit of Yenepoya Institute of Arts, Science, Commerce and Management	2
19	04.02.2022	World Cancer Day Cancer Awareness Outreach Program (CAOP)	NSS Unit of Yenepoya Dental College and Department of Public Health Dentistry, YDC	160
20	17.02.2022	Mega Blood Donation Camp	NSS Units of Yenepoya Deemed to be University	415
21	26.03.2022	World Tuberculosis Day	The NSS Unit of Yenepoya Homoeopathic Medical College & Hospital	30
22	30.03.2022	Observation of World TB Day 2022	NSS Unit of Yenepoya Medical College	105

Photo gallery



Program: 1 and 2



Program: 6, 7 and 8



Program: 10



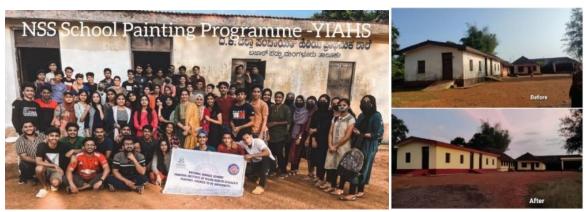
Program: 11



Program: 13 Program: 15



Program: 14



Program: 16







Programme 18





Program: 20





Program: 21



Improved sustainable management of PET bottle waste will greatly reduce pollution of land and water bodies.







Bottle brick project

Youth Red Cross

1. Mega Cancer Screening and Awareness Camp on 26th February 2022

The cancer screening camp involved oral & dental check-up, general health check-up and screening for gynecologic conditions. The dignitaries Mr. Yashawanth Patavardhan, Secretary, IRCS, Belthangadi, Mr.Vasanth Bangera, Former Member of Legislative assembly, Mr.Prabhakar Sharma, Honorable Secretary, IRCS, D.K, shared their viewpoint on conducting cancer awareness programmes. Around 61 beneficiaries participated in the health screening camp. Dr. Ibrahim Nagnoor and Dr. Ashwini Shetty were the resource persons. Blood donation campaign was also organized.





Health checkup

Blood donation

2. State Level Workshop for Youth Red Cross Program officers on 3rd March 2022

As a part of celebration of centenary year of Indian Red Cross, a state level workshop was organized for the program officers on 04.03.2022. The theme of the workshop was 'YRC: A catalyst for change in cancer prevention'. Sri CA Shantharama Shetty, Chairman, Indian Red Cross society and Dr. B H Sripathi Rao, Pro-Vice Chancellor graced the occasion. Various sessions related to cancer awareness, self-diagnosis, prevention and lifestyle modifications were conducted by the eminent speakers. Finally question and answers were taken up by Dr. Jalaluddin Akbar, HOD and Professor from the Department of Surgical Oncology.





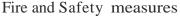
Red Cross Programme Officers

Inauguration

3. Orientation Programme for Youth Red Cross Volunteers and workshop on Disaster Management (including First Aid and Mock Drill) on 1st April to 4thApril 2022

Orientation program for Youth Red Cross volunteers and a workshop on Disaster Management including First Aid & Mock Drill was organized from 01.04.2022 to 04.04.2022.Hon. Secretary Sri. Kusumadhar B K, IRCS, Mr. Sacheth Suvarna, Director, Youth Red Cross/JRCsubcommittee, IRCS, D. K. were the dignitaries for the programme. Various sessions like demonstration of the fire and safety measures through a mock drill, first aid and disaster management, temporary tent preparation followed by field visit was done.







Temporary tent preparation

Rural Healthcare and Development Centre (RHCDC)

Rural Health Care and Development Centre (RHCDC) is an initiative of the Yenepoya (Deemed to be University) addressing the social responsibility principle of higher educational institutions. RHCDC has completed 12 years of service in the rural areas and contributed significantly to the health care of the rural population in the region of D.K. District. The centre aims to provide comprehensive health care to the rural community and to achieve their development in all aspects of health namely promotive, preventive, curative and rehabilitative activities.

Programmes conducted

Sl.	Type of activities	Total numbers	Total number
No.	-5 P	of programme	of beneficiaries
1.	Health education talks	12	518
2.	World Health Days	15	573
3.	School health check ups	12	2398
4.	Major Camps	12	1312
5.	Other health checkups (SHG members and	21	479
	Paschim rehabilitation centre		
6.	Blood grouping done at centres and camps	8	552
	& Blood sugar testing		5180
7.	Yen health care on Wheels	45	519
8.	Health checkup at Rehabilitation centres	14	705
9.	Pulse Polio Programme	1	50
10.	Door to door health care delivery	487	3255
11.	College Health Check up	1	295

Health Education Sessions



World TB Day Government TB Hospital, Moodshedde



Human Sexuality – Challenges & Choice

HEALTH EDUCATION SESSIONS



"General Health" in collaboration with Karnataka State Tailors Association, Pajeer for Tailoring students and public on 16.11.2021

Total number of beneficiaries- 35



"Personal Hygiene" in collaboration with Dakshina Kannada Zilla Panchayath Higher Primary School, Balepuni for school children on 11.01.2022

Total number of beneficiaries-56



"COVID-19 infection" in collaboration with Government Higher Primary School, Jokatte for school children on 20.01.2022



"General Health" in collaboration with Brahmashree Narayana Guru Seva Samithi, Pajeer for tailoring students on 15.03.2022.

Total number of beneficiaries-35



Manglore, Karnataka, Dakshin Kannada
Aloysius college
Lat -46.073231°
Long -49.076911°
22/04/22 10:27 AM

"Human Sexuality- Challenges & Choices" in collaboration with St. Aloysius College, Mangalore for B.CA students on 22.04.2022

WORLD HEALTH DAYS



"World Breast Feeding Week" was observed and talk was give on breast feeding. Talk was conducted in collaboration with Jokatte-1 anganavadi centre for anganavadi teachers on 03.08.2021 at anganavadi centre, Jokatte.

Total number of beneficiaries: 15



"World Breast Feeding Week" was observed and talk was given on breast feeding in collaboration with Akkarekere anganavadi centre for SHG members on 09.08.2021.

Total number of beneficiaries- 12

"National Nutrition Week" - National nutrition week from Sep 1 to Sep 7. Talk was to give about various aspects of nutrition. The purpose of this session was to give various nutritional components of food and food which are rich in various nutrients and vitamins. Advised to consume good amount of fruits and vegetable to stay healthy.

The following activities conducted in sub centre areas.



In collaboration with Akkarekere anganavadi centre for Anganwadi teachers, Anganwadi



In collaboration with Indira Nagar Anganavadi, Mukacherry for SHG members on 14.09.2021 workers and SHG members on 13.09.2021

Total number of beneficiaries: 30

Total number of beneficiaries- 27



In collaboration with Halekote Government Higher Primary School- Anganavadi Centre, Ullal for anganavadi teachers, anganavadi workers and residents of Halekote on 20.09.2021.

Total number of beneficiaries- 50



In collaboration with Government Model Higher Primary School, Jokatte for students on 24.09.2021.

Total number of beneficiaries- 40

"World Breast Cancer Month- Breast cancer awareness month 2021.

"Breast cancer awareness month" is celebrated from October 1st to 31st. The importance of this day is give awareness regarding, what is breast cancer and different types, self breast examination methods, investigation, treatment and social security schemes.

The following activities conducted in sub centre areas.



In collaboration with Chethan Nagar



anganavadi for SHG members, mothers of anganavadi children and local public on 21.10.2021

Total number of beneficiaries- 30



In collaboration with Anjuman Islam Women's Sheriyath College, Jokatte for students on 23.10.2021.

Total number of beneficiaries- 14

In collaboration with Jokatte anganavadi centre for SHG members, Mothers of anganavadi children and local public on 26.10.2021.

Total number of beneficiaries- 20



World AIDS Day 2021- "End Inequalities End AIDS". Session emphasized on modes of transmission, importance of immunity, pathogenesis, signs and symptoms, treatment, prevention, common misconceptions associated with HIV AIDS in collaboration with St. Aloysius College, Mangalore for students on 03.12.2021



"World Cancer Day" was observed and talk was given on cancer - definition, types, causes, stages, signs and symptoms, early detection tests/ screening tests, treatment and social security schemes available for treating it in collaboration with Chethan Nagar Anganavadi, Kumpala for SHG members, mothers of anganavadi children and local public at Kumpala on 08.02.2022.

Total number of beneficiaries: 20



"World Cancer Day" was observed and talk was given on cancer - definition, types, causes, stages, signs and symptoms, early detection tests/ screening tests, treatment and social security schemes available for treating it in collaboration with Sheriyath Women's College, Jokatte for students on 17.02.2022.

Total number of beneficiaries: 25



"International Women's Day"- Talk was given on importance of women health, reproductive right, "Gender quality today for a sustainable tomorrow" which aims to recognize women who are working to build a more sustainable future in collaboration with Prajna Counselling Centre, Mangalore for tailoring students at Prajna Vocational Skill Training Centre, Mudipu on 08.03.2022.

Total number of beneficiaries: 50

"World Tb Day"- Talk was regarding how to prevent TB and about treatment. Explained



about nutrition benefits whick helps affects the patient for better recovery and explained about risk factors and relapse when they discontinue the treatment in between in collaboration with Nehru Yuva Kendra Suraksha Project, Kasargod for Men having sex with men on 18.03.2022.

Total number of beneficiaries: 35



"World Tb Day"- Talk was regarding how to prevent TB and about treatment. Explained about nutrition benefits whick helps affects the patient for better recovery and explained about risk factors and relapse when they discontinue the treatment in between.

After the talk session distributed fruits to the patients inorder to enhance the nutrition in collaboration with Government TB Hospital, Moodshedde for TB patients on 24.03.2022.

Total number of beneficiaries: 35



"World Tb Day"- Discussed about sings and symptoms of TB, prevention and cure. Hazards of discounting medicine in between the treatment are explained.

Small visual videos has been played to make

Small visual videos has been played to make the session more interesting and knowledgable in collaboration with Government Higher Primary School, Jokatte for students on 28.03.2022.



"World Health Day"- The theme was "Our Planet Our Health". Objectives like what are we looking for? In future how to prevent or control pollutions, waste management (wet and dry) and its impact on health.

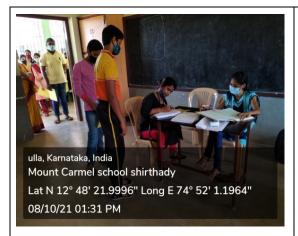
Hazards of plastic usage and its impact on health. Also importance of personal hygiene and its impact on environment has been discussed. Other necessary health advices like blood sugar with specific diet control given in collaboration with Olavina Halli Old Age Home for inmates on 06.04.2022

Total number of beneficiaries:26



"World Health Day"- All the important aspect of personal hygiene had been explained. Importance of personal hygiene Maintain hygiene while urination and defecation. Washing hand and usage of public toilet causing infection spread therefore cleaning them after individual use. Primary diagnosis about breast cancer and cervical discharge had been taught. Doubts from the audience side that raised had been cleared in collaboration with Jokatte anganavadi kendra-1 for anganavadi teachers, helpers and SHG members at Jokatte anganavadi on 13.04.2022

SCHOOL HEALTH CHECKUP



School health checkup at Mount Carmel High School, Shirthady on 08.10.2021.

Total number of beneficiaries- 171



School health checkup at Dakshina Kannada Zilla Panchayath Higher Primary School Balepuni on 01.01.2022.

Total number of beneficiaries-102



School health checkup at Dakshina Kannada Zilla Panchayath Higher Primary School, Balepuni on 11.01.2022.



School health checkup at Dakshina Kannada Zilla Panchayath Higher Primary School, Balepuni on 25.01.2022.

Total number of beneficiaries: 85



School health checkup at Dakshina Kannada Zilla Panchayath Higher Primary School, Balepuni on 04.02.2022

Total number of beneficiaries: 103



School health checkup at Dakshina Kannada Zilla Panchayath Higher Primary School, Balepuni on 08.02.2022

Total number of beneficiaries: 48



School health checkup at Rahamaniya School, Uchila on 17.02.2022



School health checkup at Peace Public School, Kallapu on 02.03.2022

Total number of beneficiaries: 153



School health checkup at Peace Public School, Kallapu on 03.03.2022

Total number of beneficiaries: 355



School health checkup at Carmel School, Kotekar on 11.03.2022

Total number of beneficiaries: 231



School health checkup at Carmel School, Kotekar on 28.03.2022



School health checkup at Falaha School, K.C. Road, Talapady on 29.03.2022

Total number of beneficiaries: 336



School health checkup at Carmel School, Someshwara on 29.03.2022

Total number of beneficiaries: 180



School health checkup at Falaha School, K.C. Road, Talapady on 30.03.2022

HEALTH CHECK UP CAMPS IN COMMUNITY (MAJOR CAMPS)



Medical checkup camp in association with City Municipal Council, Ullal on 19.05.2021.

Total number of beneficiaries- 22



Medical checkup camp in association with Blood donors association Mangalore at D.K. Senior Primary School, Chennathodi, Vaamada Padavu, Bantwal on 25.07.2021





Medical checkup camp in association with Roopakala Karshaka Library and Mahila Mandala, Sulyame at Roopakala Karshaka Library, Sulyame on 28.12.2021

Total number of beneficiaries: 30



Medical checkup camp in association with Department of MSW, YMCH and Sneha Bharathi Education Society, Jokatte at Kasthuri Nivasa Old Age Home, Parkodi, Jokatte on 30.12.2021.

Total number of beneficiaries- 40



Inauguration of New Sub Centre and health checkup in collaboration with Lions Club Chota-Mangalore at Dakshina Kannada Dakshina Kannada Government Higher Primary School, Pilar, Dharandha Bagilu-II on 11.01.2022

Total number of beneficiaries-17



Medical checkup camp in association with Jamayyatul Falah at Mohiyuddin Juma Masjid, Handel on 20.02.2022.



Medical checkup camp in association with Prajna Counselling Centre, Mangalore at Madrasathul Diniya, Kasaba Bengre, Mangalore on 27.02.2022.

Total number of beneficiaries- 139



Medical checkup camp in association with Department of Community Medicine, Yenepoya Medical College and Centre for Ethics, Yenepoya (Deemed to be University) at Kulai, Katipalla Anganavadi, Mangalore on 27.02.2022.

Total number of beneficiaries- 30



Medical checkup camp in collaboration with Prajna Councelling Centre, Mangalore, Kolnadu Grama Panchayath and Top and Top Charitable Trust Kurtha Muger at Souharda Bhavan, Hall, Salethoor, Vittla on 09.03.2022

Total number of beneficiaries- 160



Medical checkup camp in collaboration with Nehru Yuva Kendra Suraksha Project, Kasargod at Arikady Kadavath Madrasa Hall for Men having sex with men on 18.03.2022.



Medical checkup camp in collaboration with Nehru Yuva Kendra Suraksha Project, Kasaragod at Jaaz Kainoth Charity Culture, Arts and Sports Club Melparamba, Kasaragod for Men having sex with men on 22.03.2022

Total number of beneficiaries-83



Medical checkup camp in collaboration with Prajna Counselling Centre, Mangalore at Sidivinayaka temple, Kuthar on 23.03.2022.

Total number of beneficiaries- 111



Medical checkup camp in collaboration with department of Community Medicine, YMC and Municipal City Corporation, Mangalore at Town Hall, Mangalore for Sanitation workers on 30.03.2022

OTHER HEALTH CHECKUPS



Health checkup at Paschim rehabilitation centre, Someshwar on 22.09.2021, 19.11.202, 17.12. 2021, 11.02.2022, 08.04.2022.

Total number of beneficiaries-160



Health checkup for SHG members at Mukacherry on 11.05.2021, 08.06.2021, 13.07.2021, 10.08.2021, 14.09.202, 12.10.2021, 09.11.2021, 14.12.2021, 11.01.2022, 08.02.2022, 08.03.2022, 12.04.2022

Total number of beneficiaries- 221

Health checkup for SHG members at Malar anganavadi, Konaje on 27.10.2021

Total number of beneficiaries-38

Health checkup for committee members at Dharandha Bagilu on 30.11.2021, 14.12.2021

Total number of beneficiaries- 38

COLLEGE CHECKUP



Health checkup for college students at YIT College, Moodbidri on 19.01.2022.

PULSE POLIO PROGRAMME



Pulse polio programme conducted in collaboration with Primary Health Centre at Kotepura on 27.02.2022

Total number of beneficiaries- 50

HEALTH CHECK UP AT REHABILITATION CENTRES



Health checkup for inmates of Olavina Halli old age home and Psychiatric Rehabilitation Centre, Pavoor



DOOR TO DOOR HEALTH CARE DELIVERY













YEN HEALTH CARE ON WHELLS
University vehicle is utilized for implementing "Yen Health Care on Wheels" which provides necessary health checkup activities for Devi Pura, Devi Nagara, Narla Padil and Ajjinadka areas.





Plantation of Saplings

2022- Plant-a-tree-program

Date	Name of the plant	Number of saplings planted
05.06.2022	Ficus benjamina	10
	Tectona grandis	100
	Syzygium cumini	10
	Dalbergia latifolia	15
09.07.2022	Mangifera indica,	30
09.07.2022	Syzygium samarangense	5
	Artocarpus heterophyllus,	20
	Lagerstroemia speciosa	5
	Mimusops elengi,	15
24.06.2022	Lagerstroemia speciosa	5
24.00.2022	Mangifera indica	5
	220	



















